

Instructions for Photoshoot Preparation

Go through this list and the one following to best understand how to prepare for the shoot, what to bring, and what to expect.

Let me know please if you have questions. A rule of thumb – **if in doubt about whether to bring something like an article of clothing, a color of makeup, a prop** – I suggest that you **bring it** and decide on the day of the shoot based on the way it feels whether to use it. If it is not there you may regret not having whatever it is! This happens all the time!

Remember – **it is about fun, getting great images and making memories** – the better you prepare without getting obsessive about it the better things will probably go. This is your shoot – make the most of it! Borrow fancy stuff from your friends and your sister that you always wanted to try out – this is a great excuse! LOL

Both	Age and safety	You may bring 1 chaperone – notify me in advance before your arrival. The chaperone should plan to sit quietly and by themselves – they are not to participate in the shoot, provide advice or interfere in the production. They are there for your protection and comfort only.
Both	Age and safety	If you are under 18 years of age you <u>must arrive</u> with a parent or legal guardian. Let them know that they will need to provide adequate identification and will be photographed for our records. They <u>must remain</u> at the shoot for the entire time. We will stop the shoot if they are not there when we are ready to begin or if they leave during the shoot for any reason
Both	Age and safety	Do not drink alcohol or take any mind altering substances before or during the shoot If you arrive under the influence we may take the option of stopping the shoot
Both	Age and safety	It is important that everyone involved in the shoot is safe and has fun. We will stop the shoot if either of these is in question.

		You may and should stop the shoot at any time as well for these reasons. Speak up!
Both	Age and safety	If we suggest that you do something that feels dangerous, unsafe, uncomfortable or wrong to you – you need to let us know immediately and discuss this with us. We will stop the shoot until the matter is resolved but you need to be responsible for your part of the communication. Speak up!
Both	Arrival time	The shoot is scheduled to begin and end at specific times – arrive at least 15 minutes early and do not count on being able to leave early without discussing this requirement with us in advance. If you leave early we may not be able to complete the goals of the shoot
Both	Arrival time	If you will be arriving at the shoot late please contact us as soon as you know – even if it is only 5 minutes late – (860) 680-9280 cell phone
Both	Body prep	Make sure to apply lotion to any parts of your body that will be visible in the photographs for two days before the shoot
Both	Body prep	Make sure your hair is freshly washed and dried
Both	Body prep	Make sure your fingernails are freshly cleaned and trimmed
Both	Body prep	Please arrive squeaky clean – you need to have showered or bathed recently and thoroughly in the best interests of all participants
Both	Body prep	If you will be appearing with another person make sure to go lightly with the perfume or cologne – or forgo it completely unless you know they love it
Both	Body prep	If you will be in the shoot with bare feet please have your toe nails trimmed and possibly freshly polished – your feet should be clean and groomed. Bring a towel that we can use to clean the bottom of your feet before posing – they may get dirty from walking around on the studio floor.
Both	Body prep	Get plenty of sleep the night before the shoot – arrive in an air conditioned vehicle if possible
Both	Body prep - option	Make sure to bring body lotion with you to the shoot

Both	Body prep - option	Make sure to bring a light massage oil with you – it must be shiny. Bring a towel to wipe it off too.
Both	Clothes	Bring the clothes you will wear in the shoot with you – do not wear them to the shoot. We have a nice dressing room.
Both	Clothes	Make sure the clothes you will be wearing are freshly cleaned and pressed – do not wear them to the shoot
Both	Clothes - option	Make sure to bring an iron with you
Both	Clothes - option	Make certain to arrive with your clothes in a protective covering or case to keep them from getting dirty when you are not wearing them
Both	Clothes - option	Make sure the clothes you will be wearing fit properly and are in good repair – try them on before arriving – no bulges or zippers that will not close
Both	Clothes - option	If you require a prop such as a hat, skate board, etc. please make sure to bring it with you. <i>See props and accoutrement suggestions below.</i> Make a list in advance so you do not forget anything
Both	Clothes - option	If you will be wearing hats, scarves, gloves etc . bring multiple styles, colors and shapes with you if possible
Both	Food and water - option	Please bring water or any other refreshments you may need to the shoot
Both	Food and water - option	The shoot is expected to last more than _____ hours – bring a light snack or refreshment with you
Both	Food and water - option	We will be providing food and drink during the shoot – you do not need to bring anything with you
Both	Food and water	If you need any medicines during the shoot please bring them with you – i.e. diabetics
Both	Guests - option	You may bring a (1) friend with you – they may participate in the shoot if you desire and should prepare themselves for the shoot following these same instructions

Both	Guests option	<p>You may bring a (1) friend with you – they may watch and assist you with preparation but must remain calm, quiet, and stay out of the production space.</p> <p>We will provide all direction to you during the shoot – your friend is to remain quiet and off of their cell phones.</p>
Both	Makeup	<p>Make sure to bring a towel to remove makeup, body lotion or oil before or during the shoot</p>
Both	Model release	<p>A model release is required – one for each person appearing in the shoot.</p> <p>You will be required to sign a separate release for each day of the shoot. We will provide you with a copy of the release upon your request.</p> <p>We may also take a picture of your license or other governmental ID – bring it with you.</p>
Both	Model release - option	<p>The shoot will be at a site you have selected – all persons who will be recognizable in the shoot will be required to sign a model release.</p> <p>It is your responsibility to ensure that they sign the releases before we begin.</p>
Both	Model release option	<p>The shoot will be at a site you have selected, the owner or facilities manager must sign a release document allowing our photographers to take pictures in and of the site and to use the pictures.</p> <p>It is your responsibility to ensure they sign the release and provide the access we require to complete the shoot</p>
Both	Notice	<p>If we are forced to stop the shoot due to your actions we may not be able to accomplish the goals we have set together and we will expect to be released from any obligations or promises we have made regarding the shoot.</p> <p>We will charge you for the costs of the shoot including our time in most cases unless the issues are safety related and we have helped to cause them</p>
Both	Telephone	<p>Please do not expect to receive or make telephone calls or text messages during the shoot</p> <p>In an emergency please give your contact my phone number to be used only during this shoot – 860 487 1081</p>
Both	Your Vision	<p>If you want to help us get the “look “ and can bring a picture(s) or sample of it with you it will be really helpful. Consider practicing the look – if it is a famous model you</p>

		can be certain that they practiced it for 100s of hours before you saw it.
Both	Your Vision	If you have certain scenes, positions, pictorial fantasies, characters, or scenarios you want us to shoot please bring any samples or pictures with you that you can – the more we know the better job we can do! The clearer you can be , the higher the possibility of us exceeding your expectations – trust us to help
Female	Body prep	Arrive at the shoot without applying makeup or hairspray
Female	Body prep	Arrive at the shoot freshly shaved – legs, armpits and any other areas that may show that would draw attention
Female	Body prep	Make sure your fingernails are freshly trimmed and polished with an attractive color consistent with the shoot
Female	Clothes	If you are to wear stockings in the shoot bring an extra pair with you in case of damage , you may want to bring multiple colors as well
Female	Makeup	Make sure your makeup is fresh and that you have enough of it – you will use more than normal and colors may be required to be a bit bolder under the lights. Color is your friend! Gloppy makeup on your face, eyes or lashes will show – it needs to be smooth and the best quality you can afford.
Female	Makeup	The lights used in the shoot may get hot – your makeup may run from perspiration – use waterproof or bring extra – actually bring extra anyway.
Female	Makeup - option	Bring someone (1) who can apply your makeup or help you apply it, arrange your hair and tuck in clothing strays
Female	Makeup - option	We will provide a makeup person – you do not need to bring makeup
Male	Body prep - option	Please arrive freshly shaved – shave your face within the previous _____ hours
Male	Body prep - option	Please do not shave your face for at least _____ days before the shoot

Props and Accoutrement – some ideas to consider – they make a huge difference and add some variety!

Hats

Scarves, head bands

Gloves

Dangly earrings

Hair nets

Bridal veils and trains

Tiaras, other hair pins or fancy items

Hair braids

Ribbons

Jewelry, necklaces, earrings, bracelets, rings, pins, belly ornamentation, toe rings, bangles, large or special rings

Beads – lots of colors – big, small, shiny, peals, large glass – your best friend's that you always wanted to borrow

Silk feathers

Silk flowers

Lace

Sparkles

Body paint

Jackets

Bow ties w collars – Chippendale style

Shoes, boots, lace up sandals high heels – colors, shiny, hot and sexy

Stockings, garters, wraps – color, garters, patterns

Dancing or other costumes

Various toys and books

Furniture – love seats, swings, beds, chairs, bar stools, vases, tables,

Food, fruit, cheese, shrimp, whipped cream, wine bottles, champagne glasses, etc

Bubbles

Beautiful fabric to drape, change the scene, to sit on

Furs – to wear, to sit on

Fabrics we can use as backdrops, to lie on, to wrap around you

Rugs

Flower petals, other items to put around you on the floor to add color

Umbrellas, parasols

Gym clothes, lycra clothes, leather items, miniskirts, etc.

Clothes from your culture – saris, lederhosen, peasant clothes, riding outfits

Exercise equipment

Sports equipment

Ropes, chains, other items to be used safely

Temporary tattoos

Stuffed animals

Eye glasses

Watches, clocks, and time pieces

Belts

Wine glasses, shot glasses, martini glasses

Wine bottles, other bottles

Cigars

Smokes

Skateboards or other sports stuff – catchers mitts etc

Whatever else is special to you!